

Kids Don't Have it

- No emotional capacity
- No memory

Children are Little Adults

- Same but less complicated
- Need same treatment as adults

Functioning

- Good mental health = ability to function normally



What's in the swamp of...
**Children's
Mental Health**



Mental Health is Emotions

- Just be happy
- Need to learn self-control
- Better discipline will help



Environments Matter

- Mostly home and parents
- Society and communities also important

Mental Illness is Chemicals

- Genetic; set in stone
- Nothing we can do
- Drugs are the only treatment